

News For You

Keeping ROE #40 districts and staff informed

DECEMBER 2021



Wrapping up the year of 2021

As you read this, let's take a deep breath together. Ready? Breathe in...two... three... four... and breathe out... two... three... four... Better? Maybe yes, maybe no. But either way it's OK. As long as we are breathing, we really are ok. This year may feel fast or slow, it may have been more of the same or something we've never done before. In all cases, just remember, we are never alone.

That old adage 'It takes a village' has proven true in this year and the last; it remains true as we march forward into 2022. More often than not, the roads that cause us to struggle have bridges that were built by those who came before us. We, at ROE 40, are seeking a better path to serve you and we ask for your feedback. Please share with us your "Favorite Things."

Here's where you can help. [GETTING TO KNOW YOU](#)

Inside the next few pages, you will find more information on the services provided by the Regional Office of Education # 40, Professional Development opportunities, plus a little fun before the Winter Break starts. ENJOY!

DECEMBER 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

ROE #40
 info@roe40.com
Carlinville Office
 217-854-4016
Jerseyville Office
 618-498-5541



WWW.ROE40.COM



Upcoming ROE #40 Professional Development

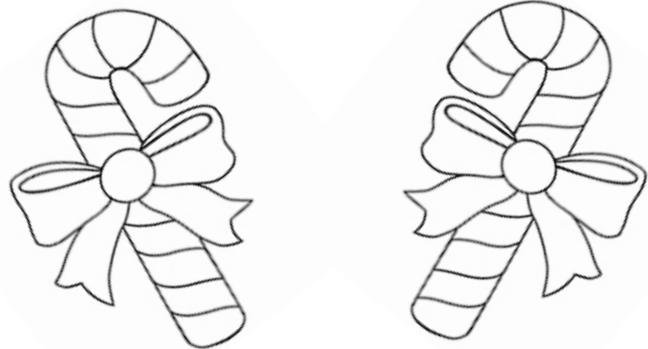
Director of School Improvement
Ryan Wamser, rwamser@roe40.com

Mindfulness Mondays - Sign up now!

Feeling overwhelmed as we close out 2021?
Ready to start 2022 with self-care and intention?
Join ROE #40 for Mindfulness Mondays where we will learn, explore, discuss, challenge boundaries, and move with intention. Come prepared to write a little bit, join in online discussions, learn what it means to be human, and participate in self-care strategies including breathwork, meditation, mindfulness, and yoga. These one-hour virtual sessions are brought to you by the ISBE SEL grant. Participants will receive an hour of PD for each session they attend. Yoga teacher and Mindfulness/SEL Coach Matt Weld will guide you on a path to develop an awareness of your emotional and mental states and demonstrate helpful strategies to start your inner journey toward positive mental health. Each session will

weave together didactic instruction, reflection/conversation, and self-care strategies - including breathwork, medita-

Dec. 6, 2021	—	REGISTRATION
Dec. 13, 2021	—	REGISTRATION
Jan. 10, 2022	—	REGISTRATION
Jan. 17, 2022	—	REGISTRATION



Mindfulness Mondays

Matt Weld, SEL Coach, RYT-200. 3:30 - 4:30 pm. Free. Online.
1 PDH each. Instruction, reflection/conversation, self-care strategies

Taking Inventory 12/6/21

- Why do I feel this way?
- Why is this year so difficult?
- What needs your attention?

New Beginnings 1/10/22

- Leverage the science behind setting goals, changing habits, and living with intention



What Makes Us Tick? 12/13/21

How our body and mind work together: sleep, emotions, nervous system, and behavior

Finding Happiness 1/17/22

Consider what happiness is, where it is, when we should be happy, and how we can find it.



For details and registration for these and other upcoming Professional Development Opportunities visit <http://www.roe40.com/prof-development-meetings.html>

GED Testing

The General Educational Development (GED®) Test

The specific purpose of the GED Test is the measurement of the educational development of adults who have not completed their formal high school education. Adults may earn a High School Equivalency Certificate and thus qualify for admission to colleges or other educational institutions, meet educational requirements for employment or promotion, satisfy educational qualifications for induction into the armed services, fulfill requirements of local or state licensing boards, or gain personal satisfaction.

The GED® exam is available as a computer-based exam to be taken in-person and as an online exam. The information below is for in-person testing. If you are interested in taking the GED® exam online, please refer to the information on this page as requirements may differ.

TEST INFORMATION

The 2014 Series GED® consists of four content areas:

Reasoning Through Language Arts – reading comprehension and writing

Mathematical Reasoning – understanding math concepts, measurements, and equations; and applying math concepts to solve real-life problems

Science– applying science concepts, knowing how to read charts and graphs displaying scientific data, and using reasoning to interpret scientific information

Social Studies– applying social studies concepts, knowing how to read graphs and charts displaying social studies data, and using reasoning to interpret social studies information

Tests are administered in English and Spanish. Candidates may mix and match the English and Spanish language options. Testing fees must be paid online at the time of registration. Testing sites are unable to take payment for exams directly from test takers on test day.

ELIGIBILITY

An individual is eligible to take the GED® Test given they meet **all** of the following conditions:

- 18 years of age or older*
- does not have a high school diploma or high school equivalency credential and is not currently enrolled in a secondary school
- is a resident of the State of Illinois

Note: *If an individual is **17 years old** they must present **withdrawal documentation** before taking the GED® tests.

Source: http://www2.iccb.org/adult_ed/hse/students-test-takers/the-ged-test/



Fingerprint Background Checks

ROE #40 is a Public Fingerprint Vendor. Staff is available by appointment to do fingerprinting for school employees and volunteers, health care workers, bus drivers, security and financial institutions, gaming and more. Fingerprinting is done by appointment (see appt. schedule below) at both the Jerseyville and Carlinville offices.

What is Livescan Fingerprinting?

Livescan Fingerprinting refers to both the technique and the technology used by law enforcement agencies and private facilities to capture fingerprints and palm prints electronically, without the need for the more traditional method of ink and paper. There are major advantages to this new technology in the field of fingerprinting. First, there is no mess as with the black printer's ink. Second, there is no chance for human and/or mechanical error as there is with the ink fingerprint method. Third, the time lapse between the actual taking of the fingerprints and the background results is achieved in hours/days as opposed to months.

Who Needs to be Livescan Fingerprinted?

Today, almost all states are mandating the taking of Livescan fingerprinting of all applicants of positions of contact with vulnerable members of society, such as the elderly, children, the mentally ill and the physically disabled. As communities are invested in protecting these groups, Livescan fingerprinting has allowed for the quick and cost effective background checks of people coming into contact with the protected element of our society. Livescan is required as a condition of employment and/or licensure for: Teachers and School Staff, Healthcare Workers, Security Guards, School Bus Drivers, Nurses, Foster Parents, Youth Volunteers, and anyone applying for professional licensure. Private entities may also use Livescan fingerprinting to conduct pre-employment screening on applicants.

How Does the Process Work?

A Trained and Certified Technician will scan your fingerprints using a Livescan machine. The electronic fingerprinting session takes five to ten minutes and your prints are immediately sent via electronic transmission to the appropriate agencies for background processing. The technician will collect all the appropriate fees from you (the livescan applicant). The results are sent electronically to the requesting agency for either Licensure or Employment Purposes.

[LEARN MORE HERE](#)

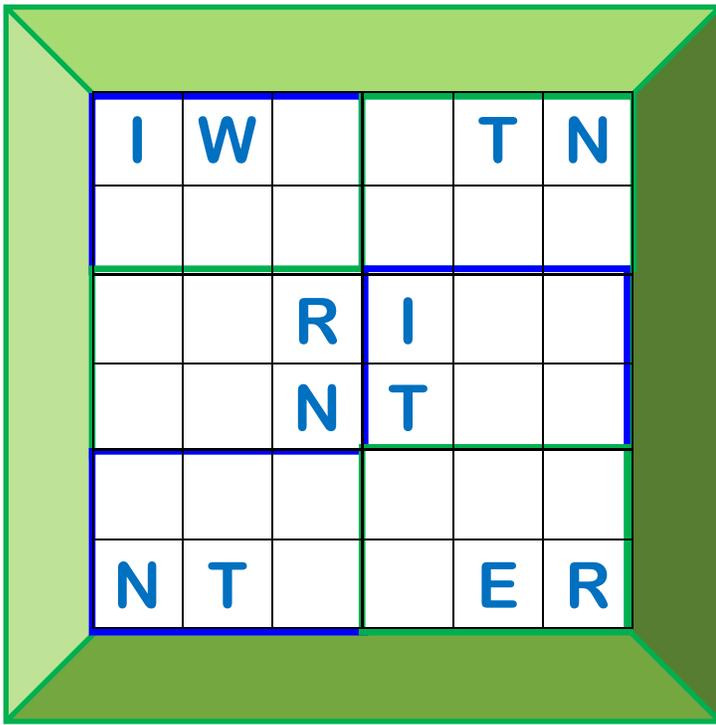
Powered by:



Para Pro testing (Teacher's Aid)

ROE #40 Carlinville office offers the Para Professional Licensure test on Tuesdays and Thursdays. (If you already have an Associates or higher, or more than 60 semester hours you may not need to take the test - give us a call). The exam is \$75.00 and must be scheduled by calling the Carlinville office at 217-854-4016.

It is the individual's responsibility to take the appropriate test (s). If you have questions about which test(s) you are required to take, contact your college advisor, your licensure officer, or the regional office of education through which you are applying for licensure.

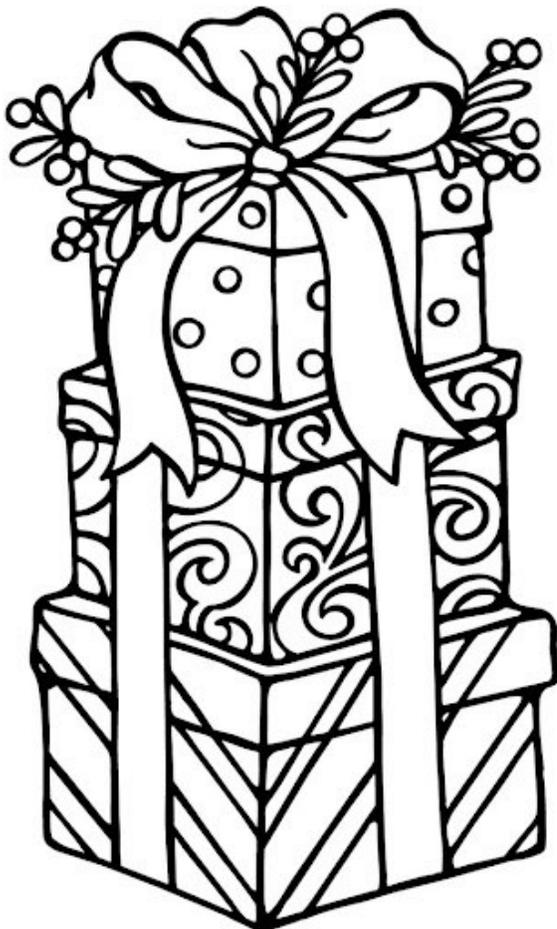


Time for some Reindeer Games

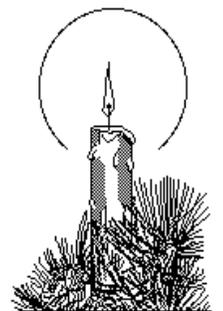
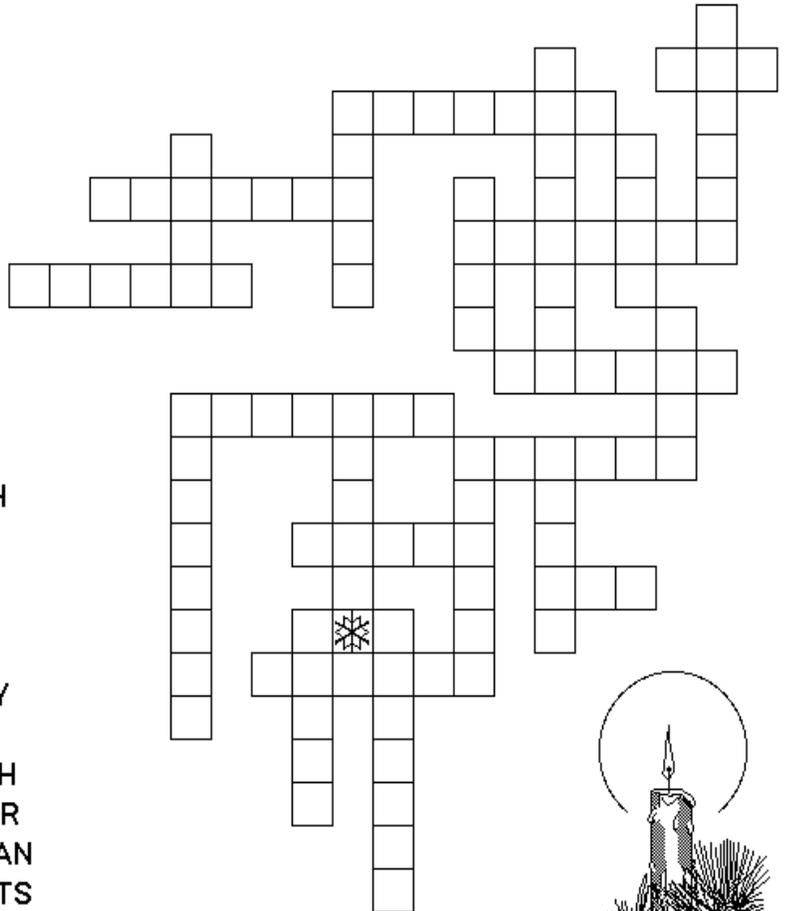
WINTER SUDOKU: every row, column and grid must contain the letters W I N T E R.

Christmas Crossword

Make all the words fit into this crossword.
Each word is only used once.



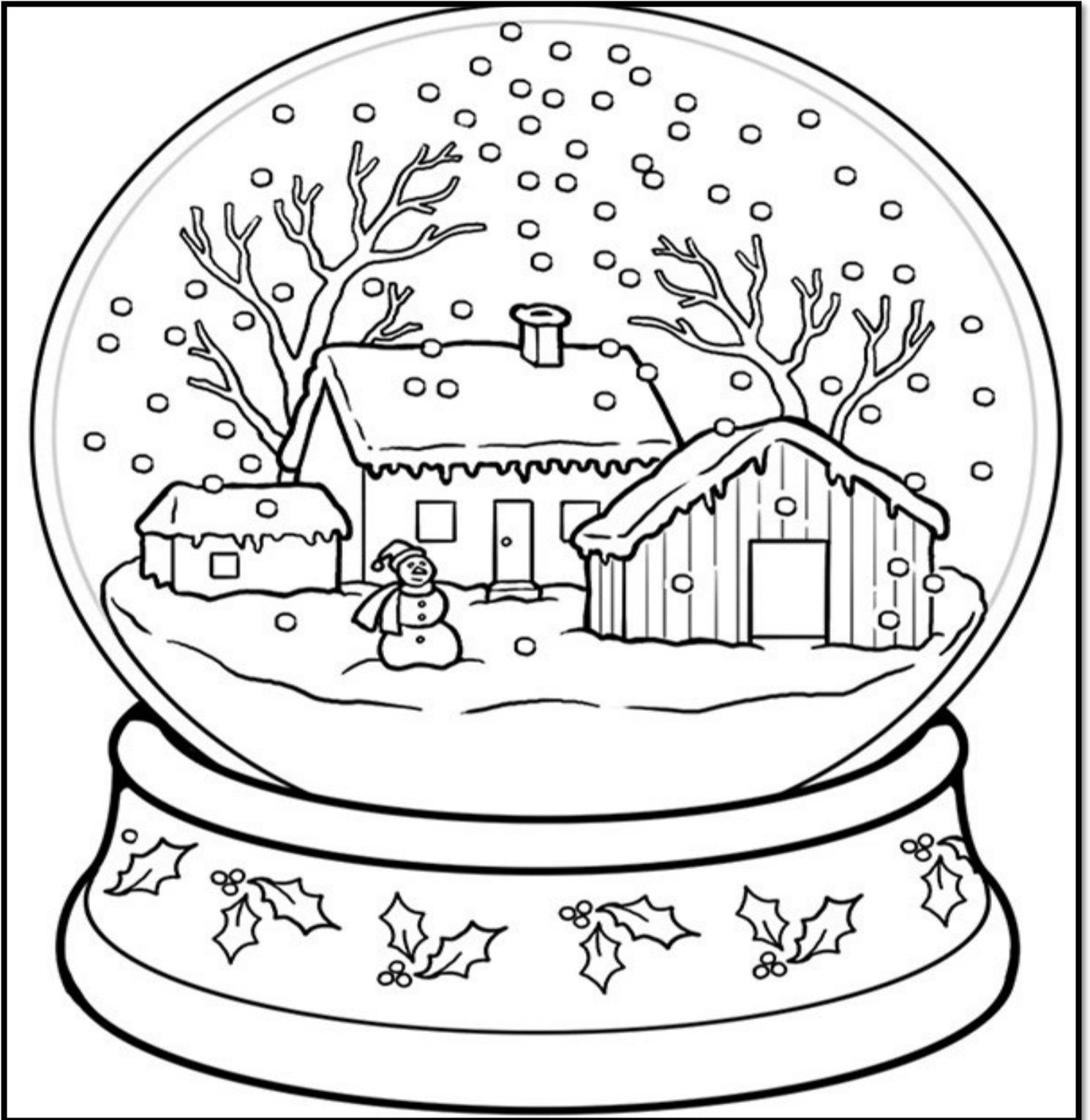
- ELF
- TOY
- GIFT
- BELL
- TREE
- STAR
- SANTA
- COMET
- CUPID
- VIXEN
- CANDY
- FROSTY
- WREATH
- DASHER
- DONNER
- SLEIGH
- DANCER
- CHIMNEY
- BLITZEN
- RUDOLPH
- PRANCER
- SNOWMAN
- PRESENTS
- REINDEER



free for non-profit use

Season's Greetings, from all of us at ROE 40

May your Holiday Break be filled with Cheer and hope for a Wonderful New Year!





Winter Wordsearch



K N A M W O N S T N X O T F E
K O W I N T E R E C O C O A L
P I C I C L E I Z R R R B K G
C H M B W M I T T E N S M W I
H S G H W S Z I W D Y F E A L
T G H Q R A K E N E Z O R F A
O L X O D S S P R U C E I S U
B O J E V C A R D I N A L N A
O V R N L E B G O T A H I O R
G E T C H I L L Y G Z O M W D
G S P C D O K T Z G Q L K F B
A C T S K A T E X S C L D L S
N I Z M M Y W F E X D Y E A H
C W N L U T G Y N S O A L K B
S D O Q V L Q K H W M Q S E A

WINTER
SNOWFLAKE
SNOWMAN
ICICLE
SPRUCE
HOLLY
CARDINAL
FROZEN
BRRR
CHILLY
SLED
GLOVES
HAT
SKATE
SKI
TOBOGGAN
COCOA
SHOVEL
MITTENS