



# REACH

## Communities of Practice (CoP) Statewide Virtual Offerings 2023-2024 Brochure

Join educators statewide to Learn, Share and Grow in your school's trauma-responsive practices.

*The Resilience Education to Advance Community Healing (REACH) Statewide Initiative is supported by Elementary and Secondary School Emergency Relief Funds (ESSER II) from the Office of Elementary and Secondary Education at the U.S. Department of Education. For more information, please visit [oese.ed.gov](https://oese.ed.gov). Additional support has been provided by Grand Victoria Foundation and other philanthropic partners.*

*™REACH Statewide. All Rights Reserved.*

# TABLE OF CONTENTS



01

## What is a REACH CoP?

Overview of Communities of Practice

Video testimonials from previous participants

02

## Registration & Participation

Who can participate & how do they apply?

03

## Whole School Trauma Programming

*Click on title to learn more*

Trauma, Racism, & Equity: A Community Approach to Transforming Schools (page 5).

04

## Community Context

*Click on title to learn more*

Building Bridges: Strengthening School Community Partnerships for Student Success (page 6).

05

## Staff Self-Care

*Click on title to learn more*

- Social and Emotional Learning, It's Not Just for Kids (page 7).
- Empowering Responsive Wellness in Schools (page 8).

# TABLE OF CONTENTS



## 06 Regional Offerings

*Click on title to learn more*

- [Year Long: Strengthening your MTSS with Trauma-Informed Strategies \(page 11\)](#) - SEL Hub 1 & South Cook Intermediate Service Center
- [Fall 2023: Developing A Trauma-Informed School Climate \(page 12\)](#) - SEL Hub 2
- [Spring 2024: Developing A Trauma-Informed School Climate \(page 13\)](#) - SEL Hub 2
- [Fall 2023: Cultivating Holistic Wellness for Educators \(page 14\)](#) - SEL Hub 3
- [Spring 2024: Cultivating Holistic Wellness for Educators \(page 15\)](#) - SEL Hub 3
- [Year Long: You Can't Pour From an Empty Cup \(page 16\)](#) - SEL Hub 5
- [Year Long: Cultivating Trauma-Informed Practices \(page 17\)](#) - SEL Hub 6

## 07 Additional Information

Virtual information sessions are available.  
Register to learn more.

# REACH Communities of Practice



Join educators statewide to learn, share and grow in your school's trauma-responsive practices

## WHAT IS A REACH COMMUNITY OF PRACTICE?

A REACH Community of Practice (CoP) is a group of school community members from across the state who share a common interest in a topic **related to trauma-responsive practices in schools** and come together regularly to fulfill individual and group goals related to trauma-responsive practices. CoP facilitators support members in applying knowledge and insights gained through participation directly to their school community.

## WHAT A REACH COP IS NOT?

A CoP is not a class, training, series of trainings, professional learning community, nor an opportunity for a passive learning experience. Learning happens through shared exchanges of knowledge, information and activities. **Learn-Share-Grow** is the core of REACH CoPs, and facilitators encourage and make space for the shared learning process among members.

## WHAT WILL MEMBERS OF A REACH COP GAIN?

Members will learn from each other, have an opportunity to develop themselves personally and professionally, hone their professional practice and intentionally develop knowledge and/or skills to apply to their school's development of trauma-responsive policies, practices and procedures. Members will gain new colleagues and a sense of belonging in a community that fosters trust, collaboration and connection. Collective learning and collective action leads to creating environments of collective care.

REACH CoPs actively engage through regular live, virtual gatherings and the use of the REACH Learning and Resource Hub. Sessions range from 90–120 minutes and, depending on the topic, meet four to six times per semester.

CoP topics align with one or more domains of the Trauma Responsive Schools Implementation Assessment (TRS-IA) and include topics, such as:

- Whole school safety planning
- Classroom-based strategies
- Staff self care

**Participation in CoPs is voluntary and facilitated through an application process.** To learn about offerings available this upcoming school year, please view the REACH CoP brochure and apply. PEL Hours and CEUs are available.

*The Resilience Education to Advance Community Healing (REACH) Statewide Initiative is supported by Elementary and Secondary School Emergency Relief Funds (ESSER II) from the Office of Elementary and Secondary Education at the U.S. Department of Education. For more information, please visit [oese.ed.gov](http://oese.ed.gov). Additional support has been provided by Grand Victoria Foundation and other philanthropic partners.*

## Hear from Participants to Learn About Their Experiences

## Video:

[REACH Community of Practice: Join Us!](#)



# JOIN US IN COMMUNITY

## REACH COMMUNITIES OF PRACTICE

***Learn a little, share a little, grow together.***

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.

## Register for a CoP

Interested in participating? [Click here](#) to complete a brief online application. Applications are due by **September 13, 2023 at 5:00 pm.**

The fall session runs between the end of September - January 2024.

The spring session runs between mid-February through the end of May 2024.

Minimally, CoPs will meet every three weeks for 90-120 minutes. Statewide CoPs offerings are virtual and can support up to 50 participants. CoP offerings support professional development, committee work, and school/district strategic planning related to trauma-responsive programming.

Participants will be notified of acceptance and enrollment by **September 20, 2023.**

## Who can participate?

CoPs are free and open to all REACH schools that have completed the TRS-IA or schools that have also submitted their action plans.

- Any school community member of a school participating in REACH should apply for a CoP that supports their learning.
- Completion of the Introduction to Trauma module on the REACH Learning and Resource Hub is encouraged prior to the start of the CoP sessions.

In the event a CoP offering reaches the maximum number of participants, a waitlist will be developed. Applicants will then be determined on a first come, first served basis.

\*Note: School community members who are currently not in a participating REACH school may apply, however; priority will be given to REACH school members.

The Resilience Education to Advance Community Healing (REACH) Statewide Initiative is supported by Elementary and Secondary School Emergency Relief Funds (ESSER II) from the Office of Elementary and Secondary Education at the U.S. Department of Education. For more information, please visit [oese.ed.gov](https://oese.ed.gov). Additional support has been provided by Grand Victoria Foundation and other philanthropic partners.

™REACH Statewide. All Rights Reserved.



# JOIN US IN COMMUNITY REACH COMMUNITIES OF PRACTICE

***Learn a little, share a little, grow together.***

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.

## Trauma, Racism, & Equity: A Community Approach to Transforming Schools

This Community of Practice seeks to reflect on our personal and collective values and experiences and increase knowledge and skills related to trauma, racism, and equity (TRE). We will examine how systemic oppression manifests on the individual, interpersonal, institutional, and structural levels. This CoP is designed to foster a joint commitment to trauma, racial equity, and healing to empower participants with strategies to transform perspectives, policies, and practices that impact students and strengthen their ability to respond to TRE.

### **TRS-IA Alignment:**

*Domain: Whole School Trauma Programming*

### *Sample Action Plan Goal:*

*Staff will engage in a 10-minute learning opportunity at each staff meeting that targets the impact of Racial Trauma on staff and students. Learning opportunities could include an article read, a turn and talk, viewing a short video, etc.*

**Intended Participants:** Any staff member or designated school affiliate connected to the REACH team, including, community members, parents, & community organizations.

**Where:** Virtual

**When:** Thursdays from 4:00 - 6:00 pm on October 12, November 2, November 16, December 7, December 14, 2023

**Facilitated By:** Affirming Voices & The Partnership for Resilience

## Earn up to 10 PDHs or CEUs!

Register [here](#) or scan  
QR code by  
September 13, 2023





# JOIN US IN COMMUNITY REACH COMMUNITIES OF PRACTICE

***Learn a little, share a little, grow together.***

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.

## Building Bridges: Strengthening School Community Partnerships for Student Success

The saying, "It takes a village," resonates with many of us. This Community of Practice aims to explore and enhance that village through partnerships between the community and school to create student success. It brings together youth, parents, community leaders, educators, and administrators to build connections and share best practices to promote resilience and healing. This collaborative space fosters knowledge exchange, professional development, and networking. Looking through a trauma-informed lens, participants explore strategies to address the challenges and barriers they are experiencing with having the school be a real part of the community. By strengthening these partnerships, the community of practice aims to create inclusive school environments that promote student well-being, engagement, and academic achievement. Together, we bridge the gap between schools and communities, fostering shared responsibility for student success in the face of trauma.

### **TRS-IA Alignment:**

*Domain: Community Context*

### *Sample Action Plan Goal:*

*Building a supportive and collaborative community with parents/families.*

**Intended Participants:** Any staff member or designated school affiliate connected to the REACH team, including, community members, parents, & community organizations.

**Where:** Virtual

**When:** Wednesdays from 4:00 - 5:30 pm on October 25, November 15, December 13, January 24, February 21, and March 13, 2024

**Facilitated By:** Partnership for Resilience

Register [here](#) or scan  
QR code by  
September 13, 2023



**Earn up to 9 PDHs or CEUs!**





# JOIN US IN COMMUNITY

## REACH COMMUNITIES OF PRACTICE

*Learn a little, share a little, grow together.*

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.

## Social and Emotional Learning, It's Not Just for Kids

This Community of Practice offers a space to explore how we apply social and emotional learning skills to ourselves to more effectively teach and nurture students. Areas of engagement will include (but are not limited to): examining the relationship between adult SEL and self-care; developing new strategies to enhance adult SEL competencies as defined by the Collaborative for Academic Social and Emotional Learning (CASEL); understanding the role of adult SEL in implementing trauma-responsive practices; and learning how to integrate an equity lens into our SEL practice.

### **TRS-IA Alignment:**

*Domain: Staff Self-Care*

### *Sample Action Plan Goal:*

*Staff will report an increased understanding of the role of their own self-awareness in developing classroom practices that are trauma-responsive.*

**Intended Participants:** educators, school staff, parents, caregivers, community stakeholders

**Where:** Virtual

**When:** Tuesdays from 3:45 - 5:15 pm on October 3rd, October 17, November 14, November 28, December 12, & January 9, 2024

**Facilitated By:** The Partnership for Resilience & Prevent School Violence Illinois

Register [here](#) or scan QR code by September 13, 2023



### Earn up to 9 PDHs or CEUs!







# JOIN US IN COMMUNITY REACH COMMUNITIES OF PRACTICE

***Learn a little, share a little, grow together.***

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.

## EMPOWERING RESPONSIVE WELLNESS

This Community of Practice offers a space for participants to explore, reflect on and enhance individual wellness, appreciate how their energy levels and management of those levels are interdependent, and discover how their connection to the whole school system affects their wellness. Participants will engage in discussions and activities supporting organizational and staff wellness to promote a culture of collective care.

### **TRS-IA Alignment:**

*Domain: Staff Self-Care*

### *Sample Action Plan Goal:*

*Staff will report an increased understanding of compassion fatigue and secondary trauma by February 2023. School administration will provide staff choices on collective care options to increase staff compassion satisfaction and decrease staff compassion fatigue (measurement = PROQL tool).*

**Intended Participants:** Any staff member or designated school affiliate connected to the REACH team, including, community members, parents, & community organizations.

**Where:** Virtual

**When:** Tuesdays from 3:45 - 5:15 pm on February 27, March 12, April 2, April 16, May 7, 2024

**Facilitated By:** Prevent School Violence Illinois

Register [here](#) or scan  
QR code by  
January 17, 2024



**Earn up to 10 PDHs or CEUs!**





# JOIN US IN COMMUNITY REACH COMMUNITIES OF PRACTICE

***Learn a little, share a little, grow together.***

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.

## Regional Offerings

This year, thanks to the collaborative efforts of our Social-Emotional Learning Hubs, we are able to provide in-person and hybrid regional offerings. To learn more about these offerings and register, please use the QR codes and registration links available on the fliers.



**Regional Offices of Education  
Social-Emotional Learning  
Illinois Area 5 Hub**



# JOIN US IN COMMUNITY

## REACH COMMUNITIES OF PRACTICE

*Learn a little, share a little, grow together.*

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.

**Join our community of practice!**



## Strengthening your MTSS with Trauma-Informed Strategies

**Facilitated by: Sarah Schriber & Jean Sack**

Trauma negatively impacts the ability of students and staff to thrive within the school setting. This Community of Practice is intended to build a tailored set of practical trauma prevention and intervention tools to enhance all tiers of your school's MTSS. Teaching and learning together, we will develop a shared understanding of the different types of trauma; identify (and, where possible, practice) trauma-informed universal strategies, behavioral health interventions, and discipline approaches; and consider the structures necessary for an effective and sustainable healing-centered MTSS.

Register [here](#) or scan QR code by September 13th!



### In-person sessions will be held at:

South Cook Intermediate Service Center  
253 W Joe Orr Rd, Chicago Heights, IL

**10/17/23:** In Person: 12:30 pm - 3:30 pm

**11/14/23:** Virtual 2-3:30 pm

**12/12/23:** Virtual 2-3:30 pm

**1/16/24:** Virtual 2-3:30 pm

**2/13/24:** Virtual 2:30-3:30 pm

**3/12/24:** In Person: 12:30 pm - 3:30 pm

**Plan to commit to all 6 sessions**  
**Earn up to 12 PDHs or CEUs**



REACH IS A STATEWIDE, EVIDENCE-BASED INITIATIVE BEING IMPLEMENTED IN PARTNERSHIP WITH REGIONAL OFFICES OF EDUCATION AT K-12 SCHOOLS AND DISTRICTS THROUGHOUT ILLINOIS. IT PROVIDES EDUCATORS WITH TOOLS TO SUPPORT THE MENTAL HEALTH OF THEIR STUDENTS AND STAFF. | [CHILDHOODRESILIENCE.ORG/REACH](https://childhoodresilience.org/reach)

The Resilience Education to Advance Community Healing (REACH) Statewide Initiative is supported by Elementary and Secondary School Emergency Relief Funds (ESSER II) from the Office of Elementary and Secondary Education at the U.S. Department of Education. For more information, please visit [oese.ed.gov](https://oese.ed.gov). Additional support has been provided by Grand Victoria Foundation and other philanthropic partners.

# JOIN US IN COMMUNITY REACH COMMUNITIES OF PRACTICE

*Learn a little, share a little, grow together.*

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.

**Join our community of practice!**



## Developing A Trauma Informed School Climate Facilitated by: Donzell Franklin & Mannu Sikka

The Trauma-Informed School Climate Community of Practice provides intentional social and emotional support by using evidence-based practices to address trauma, neglect, and exposure to violence. This CoP aims to build a general understanding of the components that ultimately prepare the school community members with the necessary systems, practices, and partners to (1) increase mental health awareness across the full school community, (2) diagnose root causes of undesirable behaviors for students, (3) while creating a less-punitive menu of trauma-informed interventions that offers a restorative approach to discipline for implementation.

Register [here](#) or scan QR code by September 13th!



**In-person sessions will be held at:**

**Boone-Winnebago Regional Office of Education  
300 Heart Blvd. Loves Park, IL 61111**

**One Half-Day, In-person session, virtual is 90 minutes**

**FALL**

**9/27/23: In-person 8:30 AM-11:30 AM**

**10/11/23: Virtual 3:00 - 4:30 PM**

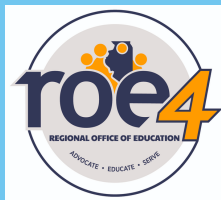
**10/25/23: Virtual 3:00 - 4:30 PM**

**11/8/23: Virtual 3:00 - 4:30 PM**

**12/6/23: Virtual 3:00 - 4:30 PM**

**Plan to commit to all 5 sessions!**

**Earn up to 9 PDHs or CEUs!**



**CATALYST FOR  
EDUCATIONAL  
CHANGE**

**REACH IS A STATEWIDE, EVIDENCE-BASED INITIATIVE BEING IMPLEMENTED IN PARTNERSHIP WITH REGIONAL OFFICES OF EDUCATION AT K-12 SCHOOLS AND DISTRICTS THROUGHOUT ILLINOIS. IT PROVIDES EDUCATORS WITH TOOLS TO SUPPORT THE MENTAL HEALTH OF THEIR STUDENTS AND STAFF.  
[CHILDHOODRESILIENCE.ORG/REACH](http://CHILDHOODRESILIENCE.ORG/REACH)**

The Resilience Education to Advance Community Healing (REACH) Statewide Initiative is supported by Elementary and Secondary School Emergency Relief Funds (ESSER II) from the Office of Elementary and Secondary Education at the U.S. Department of Education. For more information, please visit [oes.ed.gov](http://oes.ed.gov). Additional support has been provided by Grand Victoria Foundation and other philanthropic partners.

# JOIN US IN COMMUNITY

## REACH COMMUNITIES OF PRACTICE

*Learn a little, share a little, grow together.*

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.

**Join our community of practice!**



## Developing A Trauma Informed School Climate

**Facilitated by: Donzell Franklin & Mannu Sikka**

The Trauma-Informed School Climate Community of Practice provides intentional social and emotional support by using evidence-based practices to address trauma, neglect, and exposure to violence. This CoP aims to build a general understanding of the components that ultimately prepare the school community members with the necessary systems, practices, and partners to (1) increase mental health awareness across the full school community, (2) diagnose root causes of undesirable behaviors for students, (3) while creating a less-punitive menu of trauma-informed interventions that offers a restorative approach to discipline for implementation.

Register [here](#) or scan QR code by January 17th!



**In-person sessions will be held at:**

**Boone-Winnebago Regional Office of Education  
300 Heart Blvd. Loves Park, IL 61111**

**One Half-Day, In-person session, virtual is 90 minutes**

### SPRING

**2/7/24: In-person 8:30 AM-11:30 AM**

**2/21/24: Virtual 3:00 - 4:30 PM**

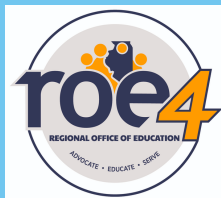
**3/13/24: Virtual 3:00 - 4:30 PM**

**4/3/24: Virtual 3:00 - 4:30 PM**

**4/17/24: Virtual 3:00 - 4:30 PM**

**Plan to commit to all 5 sessions!**

**Earn up to 9 PDHs or CEUs!**



**CATALYST FOR  
EDUCATIONAL  
CHANGE**

**REACH IS A STATEWIDE, EVIDENCE-BASED INITIATIVE BEING IMPLEMENTED IN PARTNERSHIP WITH REGIONAL OFFICES OF EDUCATION AT K-12 SCHOOLS AND DISTRICTS THROUGHOUT ILLINOIS. IT PROVIDES EDUCATORS WITH TOOLS TO SUPPORT THE MENTAL HEALTH OF THEIR STUDENTS AND STAFF.  
[CHILDHOODRESILIENCE.ORG/REACH](http://CHILDHOODRESILIENCE.ORG/REACH)**

The Resilience Education to Advance Community Healing (REACH) Statewide Initiative is supported by Elementary and Secondary School Emergency Relief Funds (ESSER II) from the Office of Elementary and Secondary Education at the U.S. Department of Education. For more information, please visit [oesed.gov](http://oesed.gov). Additional support has been provided by Grand Victoria Foundation and other philanthropic partners.

# JOIN US IN COMMUNITY REACH COMMUNITIES OF PRACTICE

*Learn a little, share a little, grow together.*

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.



## JOIN OUR COMMUNITY OF PRACTICE!

### Cultivating Holistic Wellness for Educators

Facilitated by: Michelle Coconate, Crissy Mombela, Theresa Olsen, & Sonya Pacey

Join us for a hybrid Community of Practice (CoP) series at NO COST!

Participants will explore, practice, and enhance THEIR knowledge of the eight dimensions of wellness and the brain science behind trauma responsiveness.

Register [here](#) or scan QR code by September 13th!



**In-person sessions will be held at:**

**Five Points Washington**

**360 N Wilmor Rd, Washington, IL 61571**

September 26, 2023, 9-3 pm In-person

October 19, 2023, 7:45 - 9:00 am Virtual

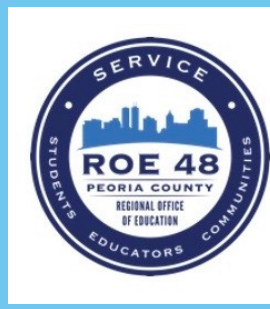
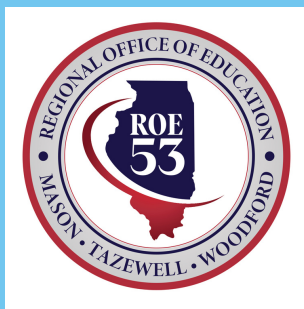
November 16, 2023, 7:45 am - 9:00 am Virtual

December 14, 2023 7:45 am - 9:00 am Virtual

January 18, 2024, 8:15 am - 11:00 am In-Person

**Plan to commit to all 5 sessions!**

**Earn up to 10 PDHs or CEUs!**



REACH IS A STATEWIDE, EVIDENCE-BASED INITIATIVE BEING IMPLEMENTED IN PARTNERSHIP WITH REGIONAL OFFICES OF EDUCATION AT K-12 SCHOOLS AND DISTRICTS THROUGHOUT ILLINOIS. IT PROVIDES EDUCATORS WITH TOOLS TO SUPPORT THE MENTAL HEALTH OF THEIR STUDENTS AND STAFF. [CHILDHOODRESILIENCE.ORG/REACH](http://CHILDHOODRESILIENCE.ORG/REACH)

The Resilience Education to Advance Community Healing (REACH) Statewide Initiative is supported by Elementary and Secondary School Emergency Relief Funds (ESSER II) from the Office of Elementary and Secondary Education at the U.S. Department of Education. For more information, please visit [oese.ed.gov](http://oese.ed.gov). Additional support has been provided by Grand Victoria Foundation and other philanthropic partners.

# JOIN US IN COMMUNITY REACH COMMUNITIES OF PRACTICE

*Learn a little, share a little, grow together.*

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.



## JOIN OUR COMMUNITY OF PRACTICE!

### Cultivating Holistic Wellness for Educators

Facilitated by: Michelle Coconate, Crissy Mombela, Theresa Olsen, & Sonya Pacey

Join us for a hybrid Community of Practice (CoP) series at NO COST!

Participants will explore, practice, and enhance THEIR knowledge of the eight dimensions of wellness and the brain science behind trauma responsiveness.

Register [here](#) or scan QR code by January 17th!



In-person sessions will be held at:

Five Points Washington

360 N Wilmor Rd, Washington, IL 61571

February 29, 2024, 9-3 pm In-person

March 21, 2024, 7:45 - 9:00 am Virtual

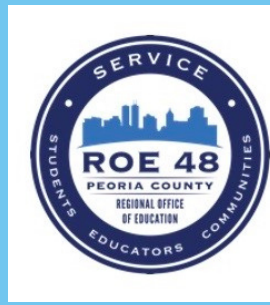
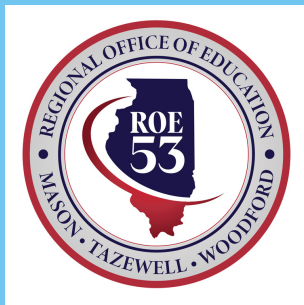
April 11, 2024, 7:45 am - 9:00 am Virtual

May 2, 2024, 7:45 am - 9:00 am Virtual

May 9, 2024, 8:15 am - 11:00 am In-Person

Plan to commit to all 5 sessions!

Earn up to 10 PDHs or CEUs!



REACH IS A STATEWIDE, EVIDENCE-BASED INITIATIVE BEING IMPLEMENTED IN PARTNERSHIP WITH REGIONAL OFFICES OF EDUCATION AT K-12 SCHOOLS AND DISTRICTS THROUGHOUT ILLINOIS. IT PROVIDES EDUCATORS WITH TOOLS TO SUPPORT THE MENTAL HEALTH OF THEIR STUDENTS AND STAFF. [CHILDHOODRESILIENCE.ORG/REACH](http://CHILDHOODRESILIENCE.ORG/REACH)

The Resilience Education to Advance Community Healing (REACH) Statewide Initiative is supported by Elementary and Secondary School Emergency Relief Funds (ESSER II) from the Office of Elementary and Secondary Education at the U.S. Department of Education. For more information, please visit [oese.ed.gov](http://oese.ed.gov). Additional support has been provided by Grand Victoria Foundation and other philanthropic partners.

# JOIN US IN COMMUNITY

## REACH COMMUNITIES OF PRACTICE

*Learn a little, share a little, grow together.*

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.

**Join our community of practice!**



## You Can't Pour From an Empty Cup

**Facilitated by: Carla T. Philibert, Matt Weld, and Crissy Mombela**

This Community of Practice provides a space for staff to explore their own relationship with self-care and reflect on their individual wellness goals. We will discuss how school systems are also connected to our ability to care for ourselves and how to build a culture that removes the burden of care from simply being on the individual, to being a collective effort.

Register [here](#) or scan QR code by September 13th!



### In-person sessions will be held at:

Gateway Center,  
1 Gateway Dr, Collinsville, IL

**9.27.23**, 9-3 pm In-person

**11.29.23**, 3:30 - 4:45 pm Virtual

**1.24.24**, 9-3 pm In-person

**3.20.24**, 3:30 - 4:45 pm Virtual

**5.8.24**, 9-3 pm In-person

**Plan to commit to all 5 sessions**

**Earn up to 17 PDHs or CEUs**



Illinois Area 5  
Regional Offices of Education  
Social-Emotional Learning Hub



REACH IS A STATEWIDE, EVIDENCE-BASED INITIATIVE BEING IMPLEMENTED IN PARTNERSHIP WITH REGIONAL OFFICES OF EDUCATION AT K-12 SCHOOLS AND DISTRICTS THROUGHOUT ILLINOIS. IT PROVIDES EDUCATORS WITH TOOLS TO SUPPORT THE MENTAL HEALTH OF THEIR STUDENTS AND STAFF. | [CHILDHOODRESILIENCE.ORG/REACH](https://childhoodresilience.org/reach)

The Resilience Education to Advance Community Healing (REACH) Statewide Initiative is supported by Elementary and Secondary School Emergency Relief Funds (ESSER II) from the Office of Elementary and Secondary Education at the U.S. Department of Education. For more information, please visit [oese.ed.gov](https://oese.ed.gov). Additional support has been provided by Grand Victoria Foundation and other philanthropic partners.



# JOIN US IN COMMUNITY

## REACH COMMUNITIES OF PRACTICE

*Learn a little, share a little, grow together.*

REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.



## JOIN OUR COMMUNITY OF PRACTICE:

# Cultivating Trauma-Informed Practices

Join us for an in-person Community of Practice (CoP) series at **NO COST!** Participants will explore, practice, and enhance their knowledge of **TRAUMA-INFORMED** practices. Great resources will be provided!

Facilitated by: **Ginger Meyer & Jennifer Bruner**

## Choice of Two Locations

### ROE #21

502 W. Jackson, Marion, IL

**9 AM - 3 PM**

- ~ October 4, 2023
- ~ November 1, 2023
- ~ January 11, 2024
- ~ February 29, 2024

**OR**

### ROE #12

300 W. Main, Robinson, IL

**9 AM - 3 PM**

- ~ October 12, 2023
- ~ November 9, 2023
- ~ January 18, 2024
- ~ February 8, 2024

Register [here](#) or scan QR code by September 13th!



**Plan to commit to all 4 sessions!**  
**Earn up to 20 PDHs or CEUs!**



Stress & Trauma Treatment Center, Inc.



REACH IS A STATEWIDE, EVIDENCE-BASED INITIATIVE BEING IMPLEMENTED IN PARTNERSHIP WITH REGIONAL OFFICES OF EDUCATION AT K-12 SCHOOLS AND DISTRICTS THROUGHOUT ILLINOIS. IT PROVIDES EDUCATORS WITH TOOLS TO SUPPORT THE MENTAL HEALTH OF THEIR STUDENTS AND STAFF. [CHILDHOODRESILIENCE.ORG/REACH](http://CHILDHOODRESILIENCE.ORG/REACH)

The Resilience Education to Advance Community Healing (REACH) Statewide Initiative is supported by Elementary and Secondary School Emergency Relief Funds (ESSER II) from the Office of Elementary and Secondary Education at the U.S. Department of Education. For more information, please visit [oese.ed.gov](http://oese.ed.gov). Additional support has been provided by Grand Victoria Foundation and other philanthropic partners.



# JOIN US IN COMMUNITY REACH COMMUNITIES OF PRACTICE

***Learn a little, share a little, grow together.***

™ REACH Communities of Practice (CoP) brings together school staff from across the state with a common interest in trauma-responsive practices. Participants collaborate and work on individual transformation over a series of sessions to create collective impact for school communities.

## ADDITIONAL INFORMATION

To learn more about Communities of Practice before registering, you can attend one of our informational office hours. We will be available to answer any questions you may have about REACH CoPs during two separate September sessions.

### Option 1:

**September 6, 2023, from 9:00 AM - 10:00 AM**

**[Click here for Zoom link](#)**

### Option 2:

**September 12, 2023, from 3:30 PM - 4:30 PM**

**[Click here for Zoom link](#)**



**REACH IS A STATEWIDE, EVIDENCE-BASED INITIATIVE BEING IMPLEMENTED IN PARTNERSHIP WITH REGIONAL OFFICES OF EDUCATION AT K-12 SCHOOLS AND DISTRICTS THROUGHOUT ILLINOIS. IT PROVIDES EDUCATORS WITH TOOLS TO SUPPORT THE MENTAL HEALTH OF THEIR STUDENTS AND STAFF.  
[CHILDHOODRESILIENCE.ORG/REACH](http://CHILDHOODRESILIENCE.ORG/REACH)**

The Resilience Education to Advance Community Healing (REACH) Statewide Initiative is supported by Elementary and Secondary School Emergency Relief Funds (ESSER II) from the Office of Elementary and Secondary Education at the U.S. Department of Education. For more information, please visit [oese.ed.gov](http://oese.ed.gov). Additional support has been provided by Grand Victoria Foundation and other philanthropic partners.